BRAMOSH GLOBAL INSTITUTE
OPC PRIVATE LIMITED

AWARDING BODY
EOSH
Environmental Occupational Safety & Health



PROGRAMME BROCHURE · 2026–27

EOSH UK Level 5 Advanced Diploma in Occupational Health & Safety

An advanced, knowledge-based HSE programme for professionals ready to move from following safety rules to leading safety systems — delivered by Bramosh Global Institute, an EOSH UK Approved Training Centre (ATC 1208 · ATP 4061), and awarded by EOSH UK.

12	6–8 Weeks	2× Weekly	24/7
ADVANCED UNITS	STRUCTURED STUDY	LIVE TUTOR SESSIONS	SECURE LMS PORTAL

- EOSH UK Certified
- Approved Training Centre
- 2 Study Workbooks
- Online MCQs After Every Module
- QR-Verified Certificate & Transcript

PROGRAMME OVERVIEW

Advanced HSE knowledge you can apply on site

The EOSH UK Level 5 Advanced Diploma in Occupational Health & Safety brings workplace safety, occupational health and environmental management together in one integrated programme. It is designed for professionals who want to move from following safety rules to leading safety systems.

Highly knowledge-based

Every unit is grounded in recognised frameworks — the UK Health and Safety at Work etc. Act 1974 as the core model, ILO Conventions, ISO 45001 and ISO 14001 — with international equivalents such as India's OSH Code 2020 referenced throughout.

EOSH UK accredited

The qualification is awarded by EOSH UK (Environmental Occupational Safety & Health), a UK-registered awarding body. Successful learners receive an EOSH UK certificate and unit transcript with QR verification.

Globally recognised

Built for international careers. Our learners work in oil & gas, construction, manufacturing, healthcare and facilities across India, the GCC, Europe, Africa and Asia.

Practical by design

Case studies, model answers, workplace templates and real scenarios in every unit — so what you learn on Monday you can use on site on Tuesday.

ABOUT BRAMOSH GLOBAL

Bramosh Global Institute OPC Private Limited is an internationally focused online institute approved by reputable awarding and accreditation bodies, delivering programmes in HSE, ISO, ESG, Oil & Gas Safety, Food Safety, Business Leadership, MBA and DBA. With regional centres and leadership across the UK, Netherlands & Europe, UAE & KSA and India, we help professionals build credentials that open doors globally. We are an **EOSH UK Approved Training Centre — ATC 1208 · ATP 4061.**

6,000+
Professionals trained worldwide

50+
Nations represented by our learners

L3 → DBA
HSE, ISO & ESG programmes up to MBA and DBA

LEADERSHIP

"Our mission is to globalise the integration of education and profession, empowering individuals with internationally recognised credentials for lifelong careers."

Mr. Amardeep Mishra — Director, Bramosh Global Institute
PECB Certified ISO 45001 Lead Auditor · OTHM-Approved Trainer

WHO SHOULD ENROL

Built for professionals ready to step up

Whether you already work in HSE or carry safety responsibilities as part of a wider role, this diploma gives you the depth to take on mid-to-senior HSE positions.

Safety professionals

HSE officers, safety supervisors and coordinators upgrading to advanced-level roles.

OHS / EHS practitioners

Professionals seeking deeper knowledge in both health & safety and environmental management.

High-risk industries

Engineering, construction, oil & gas and manufacturing staff responsible for hazardous operations.

Environmental & sustainability

Environmental officers and sustainability practitioners wanting integrated HSE competence.

Managers & team leaders

Leaders overseeing compliance, safety culture and day-to-day operational safety.

HR, admin & compliance

Staff involved in workplace policies, training records and safety documentation.

ISO, risk & audit

Quality and ISO system professionals, risk managers and internal auditors working with ISO 45001 / 14001.

Consultants & trainers

Advisors who want an advanced, recognised qualification to strengthen their credibility.

Graduates

Science, engineering and safety graduates aspiring to enter OHS / EHS careers.

International job seekers

Professionals preparing for HSE roles in the GCC, Europe, Africa and Asia.

Entry requirements

- HSE experience or a previous safety qualification (e.g. a Level 3 Diploma) is recommended
- Good command of English for study and assessments
- Eligibility confirmed by our admissions team after a short profile review

Free eligibility check

Send your CV and existing certificates to **admin@bramoshglobal.com** or WhatsApp **+91 82405 37930**. Our admissions team will confirm your eligibility and the next available Level 5 batch.

COURSE UNITS · PART A

Occupational health & safety

UNIT 01

OHS Legislation, Standards & Regulatory Compliance

How health and safety law works and how organisations stay compliant — duties under the HSW Act 1974 and key regulations, ILO Conventions, enforcement, and the moral, legal and financial reasons to manage safety.

HSW Act 1974 | ILO | Enforcement | Consequences of non-compliance

UNIT 02

Advanced Hazard Identification, Risk Assessment & Risk Management

Identify hazards systematically, rate risk with the 5×5 matrix, apply the hierarchy of control and record findings. Includes JSA, permit-to-work and the 12 high-risk activities from work at height to LOTO.

5×5 risk matrix | Hierarchy of control | JSA | Permit-to-work

UNIT 03

Incident Reporting, Investigation & Root Cause Analysis

Why incidents happen, accident ratio studies, and how to lead a structured investigation — gathering evidence, finding immediate, underlying and root causes, and writing corrective actions that stick.

Accident ratios | Root cause | 5 Whys | Corrective action

UNIT 04

Emergency Preparedness, Crisis Management & Response Planning

Build an Emergency Response Plan: emergency organisation and duties, evacuation and fire procedures, assembly points and headcount, drills, and crisis communication.

ERP | Evacuation | Assembly points | Drills

UNIT 05

Occupational Health, Industrial Hygiene & Workplace Wellness

Protecting workers' health: chemical, physical and biological agents, GHS pictograms and SDS, routes of entry, exposure limits, ergonomics, welfare and vulnerable workers, and wellness programmes.

GHS & SDS | Exposure limits | Ergonomics | Wellbeing

UNIT 06

H&S Management Systems (HSMS) & ISO 45001 Implementation

Policy, organisation, planning, measuring and review — the Plan-Do-Check-Act model, elements of a safety policy, the costs of accidents and the business benefits of a safety management system.

ISO 45001 | PDCA | Safety policy | Audit & review

COURSE UNITS · PART B

Environment, culture & leadership

UNIT 07

Environmental Legislation, Compliance & Regulatory Frameworks

The legal framework for environmental protection — permits, duty of care, regulators and how organisations demonstrate and maintain environmental compliance.

Permits | Duty of care | Compliance registers

UNIT 08

Environmental Impact Assessment (EIA) & Environmental Risk Management

Identify environmental aspects and impacts, carry out an EIA, evaluate significance and design mitigation measures for projects and operations.

Aspects & impacts | EIA | Mitigation

UNIT 09

Environmental Management Systems (EMS) & ISO 14001 Implementation

Structure of ISO 14001, objectives and targets, operational control, monitoring and internal audit — and how to integrate an EMS with ISO 45001.

ISO 14001 | Integrated systems | Internal audit

UNIT 10

Advanced Pollution Prevention, Waste Control & Environmental Protection

Controlling emissions to air, water and land; the waste hierarchy; chemical storage and spill response; and practical measures that cut both risk and cost.

Waste hierarchy | Spill control | Emissions

UNIT 11

Safety Culture Development, Behavioural Safety & Leadership in HSE

Influencing behaviour and building a positive safety culture: communication, toolbox talks, safety committees, competence and training, and visible leadership.

Toolbox talks | Safety committee | Behavioural safety

UNIT 12

Sustainability Integration, Emerging HSE Trends & Technology

Aligning OH&S with business strategy, ESG and sustainability reporting, and how digital tools, data and new technology are reshaping HSE practice.

ESG | Business strategy | Digital HSE

STUDY MATERIALS · WORKBOOK 1

Element 1 – Health & safety principles in the working environment

A 150-page study workbook. Every topic is followed by an extended study section with case studies, a model answer and activities — ideal for class and self-study.

Learning Outcome 1 — Requirements for health, safety & welfare

1.1 Legal requirements underpinning health and safety at work
1.2 Welfare provisions and how they are maintained
1.3 Requirements for vulnerable workers
1.4 Communicating health and safety information
1.5 Main causes of injuries and ill health at work
1.6 Consequences of non-compliance
1.7 Aligning OH&S with business strategy

Learning Outcome 2 — Roles & responsibilities

2.1 Employers' responsibilities and accountabilities
2.2 Employees' and others' responsibilities and accountabilities
2.3 Training and maintaining competence
2.4 Setting personal goals to improve performance

Learning Outcome 3 — Advantages of a safety management system

3.1 Costs and impact of accidents and ill health
3.2 Elements of a health and safety policy / management system
3.3 Benefits of a safety management system

Practice & reference

Practice assessment paper and self-check
Workplace templates
Glossary, self-assessment questions and further reading

Case studies

Real incidents analysed step by step.

Model answers

See exactly what a strong answer looks like.

Activities

Apply each topic to your own workplace.

INTERNATIONAL BY DESIGN

UK legislation is the core model because it underpins most OHS qualifications worldwide, while equivalent requirements — such as India's OSH & Working Conditions Code 2020 — and ILO / ISO 45001 frameworks are referenced throughout.

STUDY MATERIALS · WORKBOOK 2

Practical HSE study material — 11 modules

A 100-page practical workbook packed with worked examples, sample records and ready-to-use forms you can take straight into your workplace.

Module 1 · Foundations of OHS

Why manage H&S · Key definitions · How incidents happen · Accident ratio studies · Duties of employers and workers

Module 2 · Hazards: meaning, types & examples

What is a hazard · Types of hazard · Hazards in common workplaces · Safety signs and colour codes

Module 3 · Hazard identification & risk assessment

Identification techniques · Step-by-step hazard ID · Five steps of risk assessment · 5×5 risk matrix · Hierarchy of control · JSA worked example · Sample risk assessment record

Module 4 · 12 high-risk workplace activities

Working at height · Scaffolding · Excavation & trenching · Lifting operations · Manual handling · Hot work · Electrical work · Confined spaces · Chemical handling & storage · Vehicles & forklifts · Machinery & LOTO · Hand & power tools · Permit-to-work systems

Module 5 · Chemical safety

Hazardous chemicals · Types · GHS pictograms · Routes of entry · Common workplace chemicals · SDS 16 sections · Exposure limits · Controlling chemical risks

Module 6 · Safety committee

Objectives & functions · Composition · Conducting meetings · Standard agenda · Required documents · Sample terms of reference, minutes & action tracker

Module 7 · Toolbox talks & safe man-hours

Eight key points · Step-by-step delivery · Suggested topics · Sample scripts · Record form · Scenarios · Safe man-hours

Module 8 · Emergency preparedness & response plan

Types of emergencies · Elements of an ERP · Emergency organisation & duties · Evacuation · Fire emergency · Specific procedures · Contact list · Drills

Module 9 · Assembly points & headcount

Selection criteria · Example site layout · Roll-call procedure · Marshal duties · Rules · Inspection checklist · Common failures

Module 10 · Workplace scenarios & case studies

How to answer scenario questions, with worked case studies

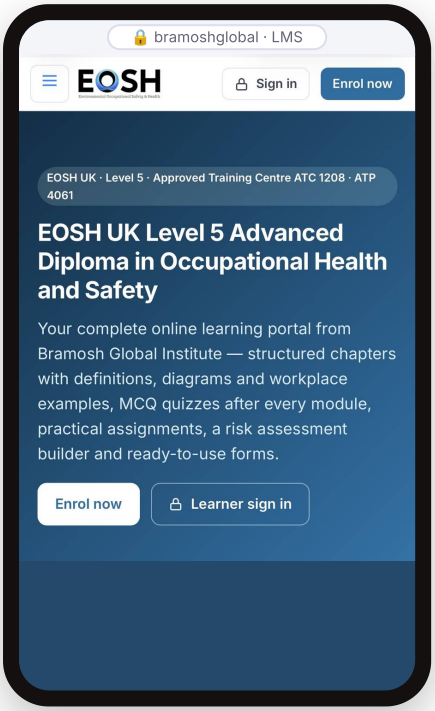
Module 11 · Appendices

Hazard / near-miss report form · Emergency drill report · Roll-call sheet · Glossary · 25-question self-assessment quiz

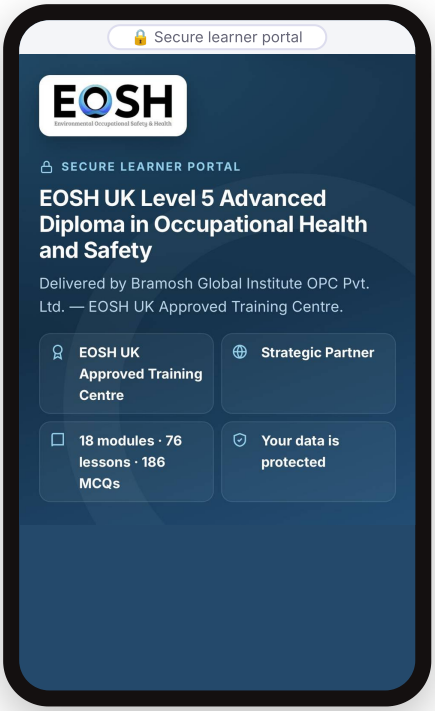
YOUR LEARNING PORTAL

Study anytime on our secure LMS

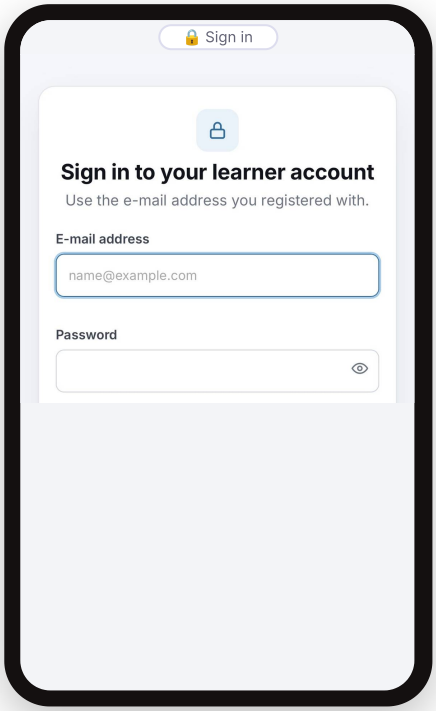
Every enrolled learner receives a personal account on the Bramosh Global learner portal for the EOSH UK Level 5 programme — on laptop, tablet or phone. Here is exactly what you will see.



1 · Portal home
Course overview, Enrol now and Learner sign in



2 · Secure learner portal
18 modules · 76 lessons · 186 MCQs



3 · Personal sign-in
Use the e-mail address you registered with

18	76	186
Modules on the portal	Structured lessons	MCQs for self-testing

Structured chapters
Definitions, diagrams and workplace examples for every topic.

MCQ quizzes
A quiz after every module so you can check your progress.

Practical assignments
Submit work online and receive tutor feedback.

Risk assessment builder
Create a workplace risk assessment step by step.

Ready-to-use forms
Templates and records you can download for your site.

Your data is protected
Personal login; recorded live classes available 24/7.

LEARNING OUTCOMES & BENEFITS

What you will be able to do

01 · Evaluate workplace risks

Identify hazards, assess and rate risks, and select proportionate controls.

02 · Run safer operations

Apply management-system principles to everyday HSE responsibilities.

03 · Investigate and learn

Find root causes of incidents and recommend effective corrective actions.

04 · Plan for emergencies

Prepare, test and improve emergency response plans and drills.

05 · Integrate environmental practice

Connect pollution prevention, waste control and sustainability with HSE work.

06 · Lead and communicate

Build a positive safety culture through clear reporting and visible leadership.

CAREER BENEFITS

- Advanced, structured knowledge across OHS and environmental management
- Stronger risk assessment, process safety and hazard analysis skills
- Confidence with UK and international H&S legislation
- Ability to lead incident investigations with root cause analysis
- Practical crisis management and emergency planning skills
- Understanding of ISO 45001 and ISO 14001 integrated systems
- Ready-to-use workplace templates, forms and checklists
- Better employability in oil & gas, power, construction and manufacturing
- An EOSH UK certificate that adds credibility to your profile
- A pathway towards senior HSE, OTHM Level 6 and MBA study

ROLES YOU CAN AIM FOR

HSE Officer / Engineer

Risk assessments, inspections, permits and site safety leadership.

HSE Supervisor / Lead

Managing teams, toolbox talks, incident investigation and ERPs.

HSE / EHS Coordinator

ISO 45001 / 14001 systems, audits, reporting and compliance.

ALIGNED WITH RECOGNISED FRAMEWORKS

Learning maps to the UK HSW Act 1974, ILO Conventions, ISO 45001 and ISO 14001 — the frameworks employers and auditors use worldwide.

Career outcomes depend on individual experience, employer requirements and local regulations.

DELIVERY & ASSESSMENT

Learn. Apply. Demonstrate.

Two live sessions every week keep you on track, while the LMS lets you study at your own pace around work and family.

Your weekly learning journey

WEEK 1–2 — **Foundations & law** — Units 1, 2: legislation, duties, hazard identification and risk assessment.

WEEK 3–4 — **Control & response** — Units 3, 4, 5: incident investigation, emergency planning, occupational health and hygiene.

WEEK 5–6 — **Systems & environment** — Units 6–10: ISO 45001, environmental law, EIA, ISO 14001, pollution and waste control.

WEEK 7–8 — **Leadership & assessment** — Units 11, 12: culture, leadership and sustainability; revision and final assessments.

How you are assessed

01
Multiple-choice exam

Tests knowledge and understanding of core safety concepts.

02
Open-book examination

Scenario-based written work applying law and management principles.

03
Workplace risk assessment

Identify hazards, evaluate risks and propose control measures.

2 live sessions every week

Interactive online classes with an experienced HSE tutor — ask questions, discuss scenarios and learn from peers worldwide. Sessions are recorded on the LMS.

Learner support

Tutor guidance on assignments, practice papers, self-check quizzes and model answers to prepare you fully before each assessment.

English
Language of study and assessment

100% Online
Assignments & assessments via the LMS

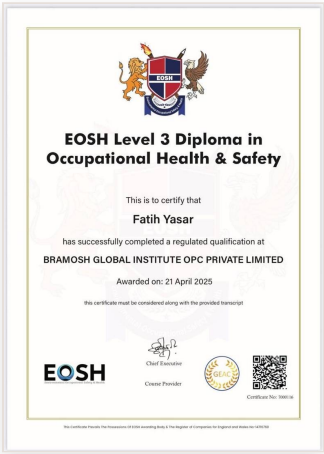
IQA
Tutor feedback & internal quality assurance

CERTIFICATION

Your EOSH UK certificate

On successful completion you receive an EOSH UK certificate together with a unit transcript, issued through Bramosh Global Institute as the approved course provider. Each document carries a unique certificate number, learner number and QR code for verification by employers.

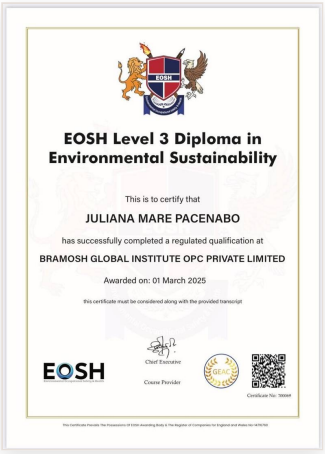
Sample certificates & transcripts (Level 3 format)



Level 3 Diploma in OHS — Certificate



Level 3 Diploma in OHS — Transcript



Level 3 Env. Sustainability — Certificate



Level 3 Env. Sustainability — Transcript

LEVEL 5 UPDATE

Level 5 certificate design is being updated

The EOSH UK Level 5 Advanced Diploma certificate and transcript are currently being updated to reflect the revised unit structure. Learners completing the Level 5 programme will receive the latest version. The samples above show the established Level 3 format.

QR verification

Employers can verify authenticity instantly.

Unit transcript

Lists every unit, level and grade achieved.

Digital & printable

Share on LinkedIn or attach to job applications.

YOUR PROGRESSION PATHWAY

BEFORE

Level 3 Diploma

in OHS / HSE or Environmental Sustainability

›

THIS PROGRAMME

Level 5 Advanced Diploma

EOSH UK, in Occupational Health & Safety

›

THEN

Level 6, MBA & DBA

Including the OTHM Level 6 Diploma in OHS

Already hold a Level 3? Send your certificate to admin@bramoshglobal.com for a quick progression review. Entry to further qualifications depends on the requirements of each awarding body.

WHY CHOOSE BRAMOSH GLOBAL

An approved centre with a global classroom

EOSH UK Approved Centre
ATC 1208 · ATP 4061, with verifiable certificates and transcripts.

Globally recognised
6,000+ professionals trained from 50+ nations.

Highly knowledge-based
Two study workbooks, case studies, model answers and templates.

Live, not just recorded
Two live tutor-led sessions every week plus 24/7 LMS access.

Expert-led
Led by an ISO 45001 Lead Auditor and OTHM-approved trainer.

Clear progression
From Level 3 to Level 5 and on to Level 6, MBA and DBA.

ADMISSIONS & ENROLMENT

01
Share your background
Send your CV and existing certificates for a free eligibility review.

02
Confirm & pay
Receive fees, timetable and enrolment terms, then complete payment.

03
Start learning
Get your LMS access and join your first live session.

Bank Details	DIRECT TRANSFER
Account Holder	**Bramosh Global Institute OPC Private Limited**
Bank Name	South Indian Bank
Branch	G.C. Avenue, Kolkata
Account Number	**0129073000011309**
Account Type	Current
IFSC Code	**SIBL0000129**
SWIFT Code	**SOININ55129**
Bank Address	1st Floor, Jayshree House, No. 38, Ganesh Chandra Ave, Chandni Chawk, Bowbazar, Kolkata, West Bengal 700013

BANK TRANSFER
Direct transfer to the account above

CARD / ONLINE
PayPal or Razorpay (6% gateway charges apply)

WISE
If bank transfer, PayPal or Razorpay is not possible in your country

Important: all bank, transfer and gateway charges are to be paid by the learner. Please make sure the institute receives the full course fee.

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